

January 2022

IOWA YEARLY MEETING



The Iowa Friend

Calendar

January 22 -

BOC Zoom Meeting
@ 9:30 am

January 30th-

Winter Event for 6-12th
graders @ Seven Oaks in
Boone

March 26 -

Spring Body of Representa-
tive

@ Grinnell Friends
9:30 am

April 23 -

USFW Spring Fling
@ Motor Friends
9:30 am

July 28-30

Yearly Meeting
@ William Penn

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**"The Body of IAYM exists to
exalt Jesus Christ by becoming
fruitful disciple-makers and
expressing God's love by
serving all people
(John 15:1-17)."**

Shopping While Hungry

I don't remember who the first person was to give me this advice and I can't recall when it was, but I do remember hearing, on more than one occasion, "Never go grocery shopping when you're hungry." It's very practical advice. If a person goes shopping on an empty stomach, often sound judgment and personal health are abandoned for whatever sounds good in that moment. My guilty indulgences are Oreos, ice cream, DiGiorno frozen pizzas, and red velvet cake.

I recently came across another piece of advice that sounds similar to this sage grocery shopping recommendation. The saying comes from Watchman Nee, the late pastor, teacher, theologian, and author. During his thirty years of ministry in China he wrote many books, planted churches, and started a substantial ministry to the youth in China that prepared many of them to become the next generation of missionaries, pastors, and church leaders. Nee was no stranger to starting new initiatives and challenging the norms in his day. It is for these reasons that his advice is so significant. He says, "Never decide on anything or start to do anything while emotion is agitating like a roaring sea. Again, during that time even our conscience is rendered unreliable."

This is important advice for us to observe, especially at this time of year. The New Year often comes with bucket loads of resolve. We steel ourselves, thinking that we can overcome addictions, lose weight, read more, look at

our phones less, and so on. But are the commitments we make at this time of year reliable, or are our consciences unreliable because of the heightened sense of confidence we feel? We have an entire year in front of us. A clean slate. A fresh start. In a lot of ways, that's inviting and offers us hope, but it often defies reality. It is like going for groceries on an empty stomach. With an entire year in front of us, there is a world of possibilities, but for many, the Oreos and ice cream are just too tempting.

Statistics tell us that roughly 80% of all resolutions made for the new year fail by February. This leads us to reason that many people are making decisions while their consciences are unreliable.

What does Scripture teach us on this topic? In Luke 14, Jesus is teaching a large crowd and says, "Suppose one of you wants to build a tower. Won't you first sit down and estimate the cost to see if you have enough money to complete it? For if you lay the foundation and are not able to finish it, everyone who sees it will ridicule you, saying, 'This person began to build and wasn't able to finish.' Or suppose a king is about to go to war against another king. Won't he first sit down and consider whether he is able with ten thousand men to oppose the one coming against him with twenty thousand? If he is not able, he will send a delegation while the other is still a long way off and will ask for terms of peace. In the same way, those of you who do not

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From the Archives:

Barb's Good Granola

Preheat oven to 250 F

In Large container combine: In Small container combine:

| | |
|-----------------------|-------------------------------|
| 2 C whole wheat flour | 1/2 C water |
| 6 C quick rolled oats | 1 C oil |
| 1 C coconut | 1 1/2 C honey (or corn syrup) |
| 1 C wheat germ | 2 T vanilla |
| 1 C bran | 1 T salt |

Add raisins and/or nuts to taste (Rod liked cashews or almonds and NO raisins)

Mix together and place on greased cookie sheet. Bake 1 hour, stirring each 15 minutes. Hope you like it like we do!

The lacking ingredient for a lost world, a hurting family, and in the lives we daily meet, is the love of Jesus our Lord. Let's add God's love to difficult situations, and stir with prayer and service and we will "Taste and see that the Lord is good!" Psalms 34:8. Together....Let's keep the Son Shining!

Barb Routon

This recipe and end note was part of a newsletter series from Rod & Barb Routon. They had served as missionaries in Mexico in the 1980's.

Our IAYM Records Committee has been working on organizing and cataloging items in the Yearly Meeting office. Our collection includes:

- ◆ the archive collection of historical documents from our meetings
- ◆ Microfilm of approximate 2/3 of the vault items along with a film viewer to use the microfilm
- ◆ Quaker Cemetery listings
- ◆ All Yearly Meeting published minutes
- ◆ A variety of Quaker pamphlet publications
- ◆ Newsletters published from our office
- ◆ An assortment of photos, slides, and glass slides

In the near future we will begin research and work on creating a digital archive to make items more accessible for research!

Mary Thury, on behalf of the Records Committee

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give up everything you have cannot be my disciples."

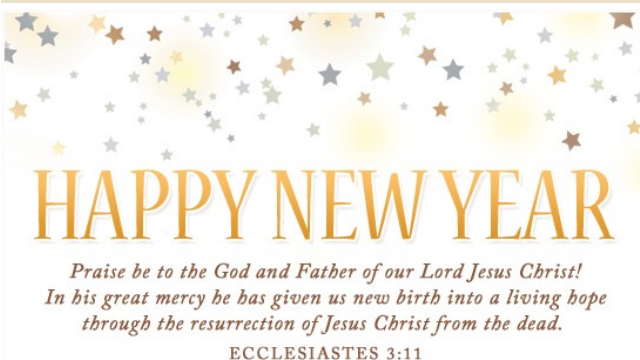
Jesus counsels those who want to be his disciples, encouraging them to count the cost. It will cost them everything, including their very lives. He knows that this cannot be a decision based in emotion. In the same way, this is a great time of year to resolve to grow closer to Jesus and to become the people God created us to be. We can and should strive to grow in our faith, improve our physical health, and become more like Jesus, but we cannot do this with by making flippant promises to ourselves, others, or God simply because the new year is in front of us. Instead, take some time to prayerfully discern where God might be calling you to grow. One practice that has been helpful to me is to reflect on Galatians 5:22-23 and ask God to reveal to me which expressions of his Spirit I am not embodying well. Then, with His help, I resolve to grow in these areas through prayer, practicing spiritual disciplines, and with the help of a community that can encourage me and holds me accountable.

Some people don't like to make resolutions, or at least they don't like others to know that they're making them, but that's not the point of Nee's advice and Jesus's teaching. Instead, count the cost and, with the help of the Holy Spirit, consider how you might continue to grow into the person God created you to be. Don't be flippant or emotional but be prayerful and intentional. Partnering with God and His church is a constructive way to see your goals survive the entire year.

Many are the plans in a person's heart, but it is the Lord's purpose that prevails."

Happy New Year!

MANNY GARCIA, GENERAL SUPERINTENDENT



IAYM Mission Focus—January

Kaleo Report by Natalie Nieuwsma



I enjoyed my experience at Kaleo because It gave me opportunities to take part in amazing worship sessions, make some new friends, and learn more about the theology of my denomination. My plans over the summer were drastically

changed from what I had originally thought. Participating in Kaleo was not my first choice, but God made everything work out for good, just like he always does. I would say the main thing I learned from Kaleo isn't found in a theological fact, or reasoning behind the ways of the church, but in learning to put everything in God's hands.

The summer started off with me working at a summer camp with some of my close friends, and that was something that I had been looking forward to for years. Then I got into a bike accident that landed me in the hospital. On the road to recovery from this, my life was changed a lot to say the least. My employer told me that I wouldn't be able to come back to work for the rest of the summer, and so my schedule was completely cleared. At first I didn't see this event as what it was: a blessing in disguise.

I went to Kaleo with low expectations, because I was still disappointed about not being able to go back to work, but when I got there, everyone was very hospitable, kind, and inclusive. As I said earlier, I learned a lot about the theology of the Quaker denomination, obviously, because it's a theology camp, but I also learned a lot about what it means to give up all your plans to God. Once I did that, once I allowed God to show me what he had in store for me, I met some amazing people, and saw God through their personal stories.

What is included?

Worship - We will start our day off with worship together, complete with music and a message.

Our speaker will be Robert Radcliffe, co-pastor at Riverside Friends Church in Mason City.

Lunch - includes choice of hamburger, cheese burger, hot dog or walking taco; chips or fries; and a beverage

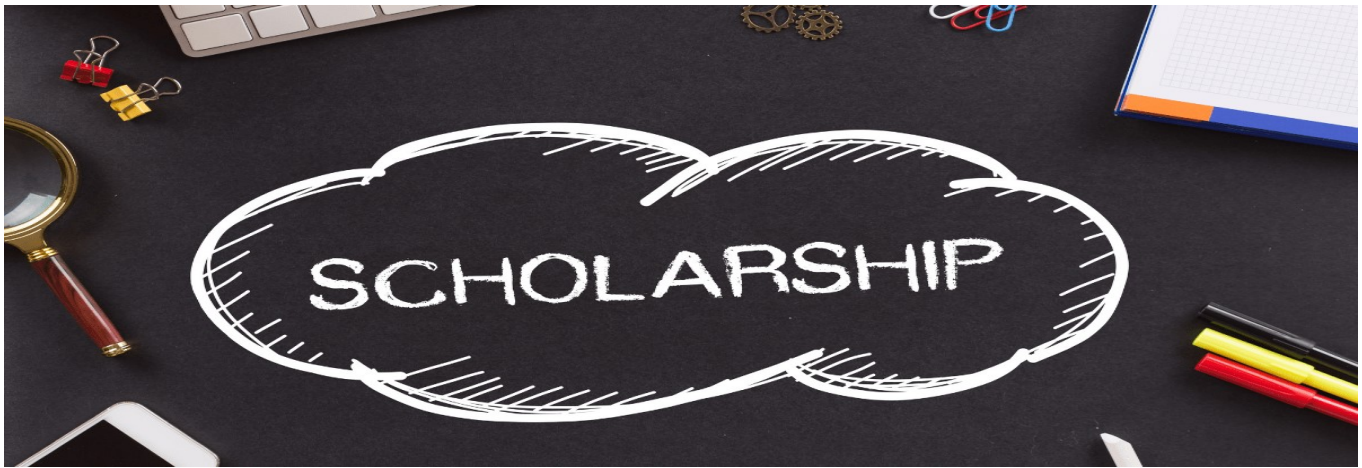
Tubing - the remainder of the day will be spent outside on the tubing hill. Your admission includes a four hour tubing lift pass.

 The poster for the Winter Retreat features a snowy background with several people tubing down a hill. The text on the poster includes:

- IOWA YEARLY MEETING PRESENTS...
- WINTER RETREAT**
- SUNDAY, JANUARY 30 / 9 AM – 2 PM
- SEVEN OAKS RECREATION IN BOONE, IA**
- 9 am Worship
- 10 am - 2 pm Tubing
- \$50 /STUDENT**
- GRADES 5-12**
- FOR TICKETS, VISIT WWW.IAYMYOUTH.ORG/WINTER
- A QR code is located in the bottom right corner.

Registrations must be received by January 14th!

Go to iaymyouth.org



Iowa United Society of Friends Women (USFW)

William Penn University Scholarship Fund

Guidelines

Following are guidelines for the selection of candidates for this scholarship. The Scholarship committee shall consider applications for scholarships and make decisions as to recipients.

1. The amount of the scholarship will be determined by need of the applicant and by funds available.
2. The candidate shall be a participating member of Iowa Yearly Meeting.
3. A candidate from the Yearly Meeting shall have successfully completed secondary education requirements and shall have been accepted by William Penn University.
4. **Applications must be received by January 31st, 2022**
5. To be considered for a scholarship for the succeeding academic year, recipients must submit a request to the committee each year.
6. Scholarships shall only be awarded for a maximum of four (4) academic years.

Kenneth & Betty Palmer Scholarship

The purpose of the Kenneth & Betty Palmer Scholarship Endowment is to assist students who are members of the Friends Church and who are involved in graduate studies (Masters or Doctoral program) in preparation for or furthering their ministry. This includes, but is not necessary limited to, pastoral ministry, missionary service, Christian Education and youth ministry.

A maximum assistance of \$500 per semester shall be granted to an applicant but final determination will be based on funds available and the number of eligible applicants.

Recipients of scholarship assistance shall **apply by May 1** for the next school year or four months before courses begin. Continuation of scholarship shall be determined by need and by funds available. The maximum anyone can receive under this scholarship program is \$4,000 or eight semesters, whichever first occurs.

Applications available through the Yearly Meeting Office.

TRUSTEES SCHOLARSHIP

Applications are now being taken for a \$500 college scholarship to be distributed in the 2nd semester of the 2021-2022 academic school year (January of 2022). College students within Iowa Yearly Meeting are encouraged to seek an application through the Yearly Meeting Office.

**Deadline for this scholarship is
January 31st, 2022**

**A recipient will be determined at
Spring Body 2022**

MISSION BOARD'S ANNUAL SCHOLARSHIP

The Iowa Yearly Meeting Mission's Board is offering a college scholarship of up to \$1000 for the 2021-22 academic school year. **People within Iowa Yearly Meeting who want to pursue an education at a Christian college or an accredited college or seminary to prepare for full time mission's work with a Friend's organization** may contact the Mission's Board to receive an application.

For the scholarship, please contact the Yearly Meeting office for more information.

The deadline is 3/1/22

Please note that the deadlines for the various scholarship applications.

As of this publication, I have not received any requests for application/information.